



McKenna Bauer, BA, MHP

Behavioral Health Clinician

Education and Certification

I received my Bachelor of Arts in Psychology in 2023 from George Williams College of Aurora University. I am currently pursuing a Master of Arts in Clinical Mental Health Counseling at Judson University.

Specialization

I work with people of all ages, but I mainly see adults. LGBTQIA+ safe space.

My Treatment Philosophy

I utilize a trauma-informed approach and client-centered lens. I also use a holistic approach that allows individuals to set and achieve personal goals in a realistic way. I believe everyone has what it takes to align more closely with their ideal lifestyle. I value creating a strong therapeutic relationship and fostering a safe and collaborative environment. I look forward to connecting with you!

A little bit about me

In my free time, I like to cuddle with my rescue pitbull, Leo. I enjoy hanging out with my two sisters and playing with my twin nieces! Family is everything to me. I love trying new restaurants with my partner. I also enjoy thrifting, antique shopping, cooking, baking and making art!



SINNISSIPPI CENTERS

Byron office

815-209-0998

24-hr Crisis:

800-242-7642

www.sinnissippi.org