



Kristien Taft, BA, MHP

Psych Coordinator

Education and Certification

I received my associate's degree in general studies from Rock Valley College in Rockford, Illinois. I then transferred to Northern Illinois University in DeKalb, Illinois, where I graduated with a bachelor's degree in psychology and a minor in art.

Specialization

I specialize in working with adults and children on the ASD and IDD spectrums. I have experience as an RBT and have also worked as a case manager for adults with IDD.

My Treatment Philosophy

My treatment philosophy is grounded in empathy, respect, and collaboration. I believe that every individual has inherent worth, resilience, and the capacity for growth when provided with a supportive and safe therapeutic environment. Treatment should honor each person's unique experiences, cultural background, strengths, and goals.

A little bit about me

When the weather is nice, you'll find me kayaking or hiking and taking nature shots with my camera. When the weather is bad, you'll find me listening to books, painting, or playing video games.



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