



## **Sandra Gonzalez, MS, ALMFT**

### **School Based Clinician**

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#### **Education and Certification**

Master of Science in Applied Human Development and Family Sciences with a specialization in Marriage and Family Therapy from Northern Illinois University. Bachelors Degree in Psychology with a minor in Family and Child Studies from Northern Illinois University.

#### **Specialization**

Child and adolescent development, family relationship dynamics, and parenting techniques.

#### **My Treatment Philosophy**

I utilize various family-centered approaches to guide clients in achieving their therapeutic goals. I focus on providing a space where clients feel welcome, safe, and motivated to create meaningful change.

#### **A little bit about me...**

In my free time, I enjoy reading, watching shows and sitcoms, playing with my dog, a Siberian husky, and spending time with my family.

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