



Katie Altensey

Behavioral Health Clinician

Education and Certification

Clinton Community College Associates of Arts and Walden University Bachelor of Social Work. Currently studying with Walden University for my Masters in Social Work.

Specialization

DV Trauma, Adults, Children.

My Treatment Philosophy

I enjoy working with clients through a strength-based approach to promote empowerment and growth. I believe that therapy should be a safe space where clients feel heard, trusted, and understood. I want to make a connection with clients to help them achieve their goals. I love helping people and what they stand for.

A little bit about me...

I love spending time with my husband and take pride in being a mother to my 3 children. Family means everything to me. I enjoy traveling, being outdoors, and exploring. In my free time, I enjoy listening to true crime podcasts. Animals hold a special place in my heart, especially our 3 dogs and 1 cat. I am a huge football fan, and the Chicago Bears are my favorite team.



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