



Monica Young-Wold, BA, MHP

CST Clinician

Education and Certification

I received a Bachelor of Arts in Sociology from Dallas Baptist University.

Specialization

I have worked primarily with adults throughout my 30-year social services career. My experience is with people from all walks of life and backgrounds. I am a listener and encourager by nature. I enjoy providing positive guidance and encouraging people in their own gifts and abilities.

My Treatment Philosophy

Helping people find their wings so they can soar!

A little bit about me...

I enjoy spending time with my amazing husband and our 4 fur babies: 2 dogs and 2 cats. I love getting out in nature as well as listening to a good band, and spending quality time with those I love most!



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