

Gabby Fossett, MSW
Youth CST Clinician

Education and Certification

Bachelor's degree in Social Work from Aurora University.

My Treatment Philosophy

My approach centers on creating a safe, supportive space where each client feels heard and empowered. I believe in meeting clients where they are, encouraging resilience, and helping them build strength to promote healing and growth through therapy.

A little bit about me...

In my free time, I enjoy reading, building Legos, traveling, and spending time with my friends and family.



Sterling office 815-625-0013 **24-hr Crisis:** 800-242-7642

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