



SINNISSIPPI CENTERS
Together we inspire wellness

ANNUAL 20 REPORT 25

Building
our future.

MESSAGE FROM OUR CEO & BOARD CHAIR

It has been an eventful year here at Sinnissippi Centers, with the organization experiencing significant growth and change. Throughout our service area, we pride ourselves as an employer of choice, and we now employ over 300 individuals. As a result, we are providing more client services than ever before.



Through our work as a Certified Community Behavioral Health Clinic (CCBHC), we have added primary care services and more extensive care coordination services, which help to better integrate services, both within the organization and with our community partners. We have increased our intensive community-based services for both youth and adults, along with our peer services, which are provided by individuals with lived experience with mental health or substance use concerns. Our philosophy at Sinnissippi is that we offer a wide array of services, both within the office setting and within the communities, because many individuals struggling with mental health and substance use concerns also have other life challenges that can be supported through supplemental services. In addition, we feel strongly at Sinnissippi that it is important that we meet clients where they are at, both physically and emotionally, which further enforces the importance of our growth in community-based services.

Our physical footprint continues to grow as well. Recently, we opened our third outpatient office in Ogle County, which is located in Byron. Our Byron office provides a full array of mental health and substance use services. We are also planning for the expansion of our Mt. Carroll Office, which will double our space there and significantly increase client access to services in Carroll County. Groundbreaking will occur in the spring of 2026, and the project is expected to be complete in late 2026 or early 2027.

We find ourselves, as individuals and as a nation, navigating challenging times. With this comes uncertainty and added stress for many of the individuals that we serve. As always, we will continue to support and advocate for the most vulnerable members of our communities. It is our goal to be a voice for influencing programming, funding, and legislation throughout the state and throughout the nation.

On behalf of the Board of Directors and the staff at Sinnissippi Centers, thank you to our friends, partners, service recipients, and supporters. Your ongoing support is critical to the success of Sinnissippi. We are on this journey together.

Stacie Kemp – President & CEO

Larry Prindaville – Board Chair

BUILDING FOR OUR FUTURE IN MT. CARROLL

Sinnissippi Centers continues to see an increased demand for services across all our locations. Sinnissippi's new Byron office opened in May 2025. Now we are turning our attention to the need to expand our footprint



Drawings of Mt. Carroll expansion

in Mt. Carroll. The project will more than double the existing space, adding 3,500 square feet, including eight new clinician offices. There will also be a new clerical workspace, a new play therapy room, additional waiting room space, an additional group room, and a staff break room. Sinnissippi is planning for a groundbreaking to occur in spring 2026, and the project should be completed by late 2026 or early 2027. It is estimated Sinnissippi will be able to serve around 15% more clients and offer 25% more client service hours in the first year following completion of the expansion. To fund the project, Sinnissippi Centers is seeking grants as well as conducting a capital campaign. We have an option on our online donation form to direct gifts to the project.

BYRON OFFICE RIBBON CUTTING

A ribbon-cutting ceremony was held at Sinnissippi Centers' newest office, in Byron, in July 2025. The office officially opened May 12, 2025, with six staff members. The decision to open a third office in Ogle County was due to the demand for services and the limited expansion capacity at the Oregon and Rochelle offices. The Byron office offers a full array of behavioral healthcare services. Partial support for opening the Byron office was provided by the Ogle County 708 Board. Feedback from clients and others has been very positive, including comments on the Byron office's location being more convenient.



Byron office staff at the ribbon cutting

CST GROWTH AND EXPANSION

The Community Support Team (CST) has been one of Sinnissippi Centers' fastest-growing programs in recent years. CST is an intensive, community-based service

THANK YOU TO OUR DONORS!

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Michelle Anderson

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Amy Baker

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Marcia Bankes

Basil Tree Ristorante

Monica & Sonja Star Berby

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John Berge

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BodyWorx - Ryan Jandrey

Bonnell Industries

Alison Boothe

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Boss Carpet One Floor & Home

Stacy Britvich

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Jessica Burrows

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Emily Carroll

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CGH Medical Center

Ashley Chambers

Tiffany Chander

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Chicago Food & City Tours

Citizens State Bank

City of Mount Carroll - Mayor Carl Bates

Connie & Larry Clayton

Linda Collett

Dennis Connor

Alan & Kathleen Cooper

Louise Corken

Tommy Corral Memorial Fund

made up of clinicians and a team member with lived experience who meet clients where they are—both physically and emotionally. Everyone’s needs are different, and we recognize that circumstances can sometimes affect a person’s ability to attend in-office appointments. CST serves youth and adults in Carroll, Lee, Ogle, Stephenson, and Whiteside counties by providing therapy and counseling, and by addressing various areas of life affected by mental health. These include accessing resources, meeting medical needs and building life skills.



Kristina Mershon,
Primary Care APRN

ADDING PRIMARY CARE SERVICES

In the summer of 2024, Sinnissippi Centers expanded its service offerings further than ever before. As part of this expansion, we began offering primary care services to individuals who were active clients. The goal is to provide screening and monitoring of co-occurring health conditions that contribute to poor health

outcomes. Individuals with a mental illness or substance use disorder have co-occurring diseases at a higher rate than the general population. Integrating primary healthcare with behavioral healthcare improves overall client outcomes. Primary Care APRN Kristina Mershon joined the agency in 2024 to help provide these services. In addition, Sinnissippi initially added two exam rooms on the lower level of the Dixon-Route 2 office. Currently, primary care services are provided at all Sinnissippi office locations.

MARTIN’S 50 YEARS OF SERVICE



Sinnissippi Centers’ Director of Child and Adolescent Services Gloria Martin celebrated her 50th anniversary in October 2024. She says, “Little did I know during my first interview at Sinnissippi I would be fortunate enough to spend my entire professional career doing work that is deeply meaningful, challenging, and rewarding.” Martin graduated with a master’s degree in Rehabilitation Counseling

in 1972, joining Sinnissippi later that year as a clinical counselor working at the Route 2 office for 5 years. After a 2-year leave, she returned to provide mental health services in Carroll County, helping develop a full-time office in Mt. Carroll. After that Martin worked in the newly formed Family Division as the associate director. In April 2020, Martin was named to her current position. She says, “The field of mental health has evolved greatly over the decades with a much better understanding of brain development and the impact of trauma on overall health.” Sinnissippi is honored by Martin’s service and her dedication to Sinnissippi’s mission.

INCREASE IN MAR SERVICES

Sinnissippi saw an increase in the provision of Medication Assisted Recovery (MAR) services in fiscal year 2025. MAR, sometimes called Medication Assisted Therapy, combines FDA-approved medications with outpatient therapy or group therapy to assist the wellness of individuals who have substance use disorders. The goal of MAR is to control a specific set

Costa’s Pizzeria & Ristorante
Creative Wolfe – Sloan Wolfe
Crest Foods Company, Inc.
Crystal Cork
Connie Davis
Angie Day
Deer Valley Golf Club
Pamela Delp
Dement Town Tavern
Discover Dixon
Shirley Dixon
The Dixon: Historic Theatre
Dixon Petunia Festival, Inc.
Dixon Stage Left
DQ Grill & Chill – Dixon
Eggs in Paradise
Egyptian Theatre
Ehrmann Gehlbach Badger & Considine, LLC
El Jacalito

Nancy Engle
Jana Espinoza
The Factory Pub-n-Grub
Farmers National Bank
CeCe Faulkner
The First National Bank in Amboy
Kay Fisher
Carolyn Fitzgerald Sweeney
Trudie Flaningam
Laura and Edward Ford
Forreston Veterinary Clinic
Amber Fortner
Jen Fox
The Freeport Club
Freeport Health Network
Fresco on First
Fried Green Tomatoes
Illinois State Representative Bradley Fritts
Stanley R. Fritz Living Trust

G&M Distributors, Inc.
Galena Foodie Adventures
Gary & Chris Gehlbach
Genoa Pharmacy
Linda Giesen
Amy Gilroy
David Ginn
Teresa Good
Candyce Haag
Lorraine Haaland
Katie Hazek
Michelle Heide
Dennis & Monica Hendricks
Lauryn Henson
Tom Hermes
Natalie Hess
Renee Hill
Holy Smokes
Valerie Howard

of conditions during the early stages of recovery. MAR stabilizes the brain. It helps break the cycle of cravings and withdrawal, which can last for years after the last substance use. Medication Assisted Recovery is a comprehensive approach that is particularly effective for individuals diagnosed with opioid use disorder and alcohol use disorder. MAR has been shown to increase survival rates and reduce overdoses. It helps to alleviate withdrawal symptoms and better prevents relapse. It also improves overall treatment retention rates.

CCBHC ROLLOUT AT DIXON OFFICE AND CCBHC FREEPORT EXPANSION



On Oct. 1, 2024, Sinnissippi Centers entered a new era of providing behavioral healthcare. That day, the agency launched the Illinois Certified Community Behavioral Health Clinic (CCBHC) Demonstration Project. This state demonstration project is in addition to two federal CCBHC grants Sinnissippi received in recent years to become a Certified Community Behavioral Health Clinic. The state’s project is limited in scope to Lee County, home to Sinnissippi Centers’ Dixon–Route 2 and Dixon–Town Square Centre locations, while the two federal grants involve all Sinnissippi offices except Freeport. The state demonstration project includes six program requirement areas: staffing; availability and accessibility of services; care coordination; scope of

services; quality and other reporting; and organizational authority, governance and accreditation. In addition to meeting these requirements, a CCBHC under the demonstration project must also provide nine core services, including crisis intervention, treatment planning, screening and assessment, targeted case management, community-based mental healthcare for veterans, and peer services. To begin offering CCBHC services at all Sinnissippi Centers locations, the agency applied for the year two demonstration project for Stephenson County through the Illinois Department of Healthcare and Family Services (HFS). In late June 2025, we were notified that our Freeport office had been selected as a site. HFS selected 10 agencies across the state to add additional sites to the CCBHC model. This recognition speaks volumes about Sinnissippi as an organization and reflects the progress, growth and impact we’ve made in Stephenson County in just a few short years as a premier provider of behavioral healthcare services.

LOOKING TOWARD FISCAL YEAR 2026

There is much to be grateful for—and excited about—in the upcoming fiscal year. Sinnissippi’s strategic goals provide direction for the organization’s highest priorities. Among those goals, our electronic health record conversion has been a major undertaking that will improve employee satisfaction and enhance the client experience, particularly with the addition of a robust client portal. Following this change, we plan to implement artificial intelligence (AI) software to support administrative functions such as documentation and compliance. AI has been shown to improve efficiency and employee satisfaction across the behavioral health field. We also look forward to the grand opening of our Mt. Carroll office expansion and the addition of our Freeport office in Stephenson County to our growing CCBHC efforts.

Brenda Humphrey
Brad & Diane Hunsberger
Jeffrey Hussey
Mary Ann Hutchison
Janet Ikens
Ernest Imhoff
Becky Jablonsky
Andrew & Beverly Jackson
Charlotte Jibben
Julie Jobgen
Rebecca Johanning
Jill Johnson
Doreen Johnson
Susan Johnson
Mary Johnson
JTI Salen & Spa
Glen Juntti
Mary Kaufman
Kelly’s Mexican Restaurant

Stacie & Joshua Kemp
Kiwanis Club of Sterling
Hugh Knapp
Kimberly Knight
Charlene Knudten
Peggy Kohn
Kreider Services Inc.
Heather Krick
Jeanette Krupke
Fritz & Sally Kuhlmeier
Maggie LaFever
Brad & Sharon Law
Lena Brewing Company
Sue Linder
Lioness-Lions of Dixon
Loescher Heating & Air Conditioning
Long Hollow Canopy Tours
Don Lovett
LUXX The Restaurant

John Lynch
Janet Lynch & Pete Kink
Sandy & Matt Mace
Macedonia Baptist Church
Mercedes Mancera
Manny’s
Andrew Manzano
Gloria Martin
Sam Martins
Kevin Marx
Karen Massa
Joanne Mayes
Nancy Mayoral
Jessica McCarver
McCormick’s Nursery & Garden Center
Andy & Sarah McFarlane
Jennifer Meadows
Laura Meier
Wendy Meyer

PROGRAM HIGHLIGHT: SUPERVISED LIVING

Sinnissippi Centers has provided supervised living apartment services since July 1990, with the first site located in Sterling. These apartments offer supportive living environments for individuals with a serious mental illness, giving them the opportunity to develop and strengthen skills that support a more independent lifestyle. Each apartment includes a kitchen/dining area, living room, bedroom and bathroom, along with a common area for residents to gather and use. The goal of the program is for residents to develop skills to eventually transition to independent housing in their communities. Sinnissippi Centers currently operates four supervised living apartment sites: Dixon, Mt. Carroll, Rochelle, and Sterling. This year, three long-term residents—who had been in the program for seven, eight and 12 years—successfully transitioned back into the community. They were connected to Community Support Team (CST) services (see related story in this annual report) and are all doing well living independently. All four residential sites have maintained satisfactory occupancy and have been at full capacity, except one due to recent move-outs. We also completed our HUD/NSPIRE audits this year, and all sites passed with exceptional scores.



Sinnissippi's Sterling Apartments

FUNDRAISERS

Sinnissippi Centers conducts various fundraising efforts throughout the year to support unmet client needs that contribute to mental wellness. Two of the most significant initiatives are fundraising events. In May, Sinnissippi hosted the inaugural "Gathering for Good," featuring the dueling pianos group Howl2GO, along with a silent auction and dessert auction. In August, Sinnissippi held the 33rd annual Sinnissippi Golf Open. Both the Golf Open and Gathering for Good events in fiscal year 2026 are supporting the Mt. Carroll Expansion Project.



Participants having fun at the Gathering for Good event



Morrison Community Hospital at Golf Open

Kourtnee Mezo
Midland States Bank
Hugh F. Miller Insurance Agency
Molly's Kitchen & Bar
Mom's Restaurant
Ashley Moreno
Rick Morgan
Morrison Community Hospital
Mt. Carroll United Methodist Women
Cris Mugrage
Ellen & Carl Mumford
NAMI Sauk Area
Inga Neuner
Niabi Zoo
Amy Oliver
Paula Olson
Terrance & Karen O'Malley
Orion Organics – Tim Benedict
Joseph Payette

Eleanor Payne
Cathy Pearson
Randall & Joyce Peterson
PFLAG Sauk Valley
Pine Creek Christian Church
Pinney Printing Company
Jillian Piske
Larry & Ann Prindaville
Raynor Manufacturing Company
William Reigle
Brent Reuter
Cheryl Rife
Deb Rife
Kristen Rife
Rochelle Broadcasting Company
Rochelle Community Hospital
Rochelle Veterinary Hospital
Missy Roe
Tara Rogers

Hope Roop
Rosecrance Health Network
Thomas Roth
Amanda Rousonelos
Salamandra Restaurant
Amanda Sandrock
Inger Sarver
Sauk Valley Bank
Sauk Valley Voices of Recovery
SBM Business Equipment Center
Taylor Schauff
Schmitt Plumbing & Heating
Mark Scholl
Susan Schroeder
Sarah Schulfer-Popp
Skip & Carol Schwerdtfeger
Harold & Mary Scuffham
Matthew Severing
Thomas & Tammy Shaw

How Your Support Helps

Your donations to Sinnissippi Centers help improve the quality of life of the individuals and families we serve. Our support programs for clients center on filling urgent needs like helping pay for vital medications, keeping individuals in housing, keeping the heat on during winter, and helping clients afford treatment. Donations support events, like the Wellness and Recovery Celebration held in September, that benefit clients and help increase awareness. In addition, Sinnissippi has other programs that promote mental wellness. Your support of Sinnissippi Centers truly makes a difference in the lives of so many each year.

Please consider Sinnissippi Centers in your estate planning

Have you ever considered including a non-profit organization in your estate planning? One way to support Sinnissippi Centers is naming the agency as a beneficiary on a retirement account, insurance contract, or other assets. Another way to support Sinnissippi can be a Qualified Charitable Distribution (QCD). A QCD is a tax-free donation from your IRA to a qualified charity. There are some requirements to meet, but a QCD can count toward your minimum distributions. Before making any decisions, you should consult your financial advisor. For more information, reach out to Sinnissippi Centers' President/CEO Stacie Kemp.



Join us in making a difference!

Email: info@sinnissippi.com
Website: www.sinnissippi.org

Donations

Sinnissippi Centers
325 Illinois Route 2
Dixon, IL 61021
www.sinnissippi.org/donate



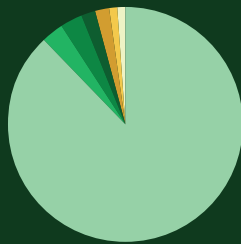
Shaw Local Radio
Casey Shook
Richard & Donna Siders
Darryl Siems
Silver Ridge Golf Course
Penny Slusser
Laura Smith
Chelsea Smith
Somkit
Constance Southard
Julie Sprecher
Sterling Federal Bank
Tammy Stewart
Strickland & Associates
Shandra Strow
Bettie Sullivan
Stephanie Svee
SWBC Retirement Plan Services
Phillip Tarvin

TBK Bank
Timber Creek Golf
Timber Lake Resort & Campground
Touch of Thai II
Julie Turner
Kay Tyne
U.S. Bank Foundation
Peggy Ulferts
Uline
USI Insurance Services LLC
Wahl Clipper Corporation
Walmart DC 7024
Walmart Dixon
Walmart Rock Falls
Walmart Sterling
Ed & Nicki Webb
Fonda Wells
Clarice Whaley
Sarah Wheeler

DeAnne & Jeff White
Gary & Lori Wilhelm
John & DeAnna Wilson
Sally Woessner
Sarah Wolf
Sue Wolf
Wolf Hollow Golf Course
Stephanie Wurster
X-Golf Sauk Valley
Destiny Yeager
Kay Young
Connie Zuck
Zurn Elkay Water Solutions

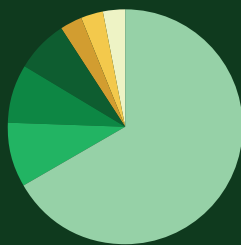
FY 2025 EXPENSES

88% Personnel & Benefits
03% Rent/Lease
03% Consumables
02% Operating Expense
02% Transportation
01% Depreciation
01% Other



FY 2025 REVENUE

67% Medicaid/Client fees
09% Div. Mental Health
08% Other state grants
07% DCFS
03% SUPR
03% County Support
03% Other



TOP REFERRAL SOURCES

28% Self-Referred
17% Family-Referred
05% Probation-Parole-Other Court
22% Hospital & Physician
05% DCFS
04% School

CRISIS EVALUATIONS

1,275 Youth: 471
Adults: 804

Crisis evaluations were performed in fiscal year 2025 (unduplicated)

CREDENTIALING STATUS OF OUR STAFF

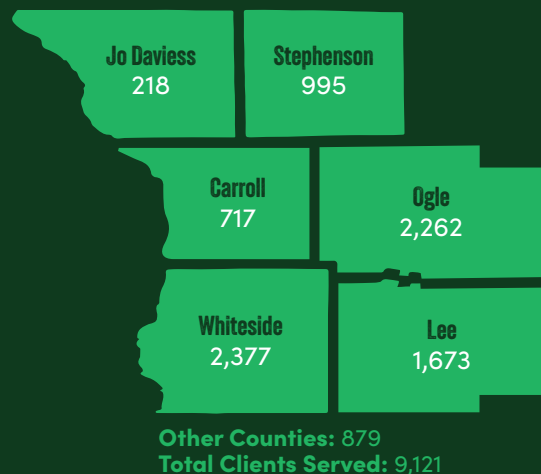
313..... Total Staff
26..... Licensed Social Workers (LSW/LCSW)
30..... Licensed Counselors (LPC/LCPC)
21..... Certified Alcohol and Drug Counselors (CADC/CRADC)
4..... Certified Peer or Recovery Support Specialists (CRSS/CPRS)
1..... Licensed Marriage and Family Therapist (LMFT)
6..... Registered Nurses (RN)
4..... Licensed Practical Nurses (LPN)
5..... Advanced Practice Nurses (APN)
3..... Psychiatrists

FY 2025 AT A GLANCE

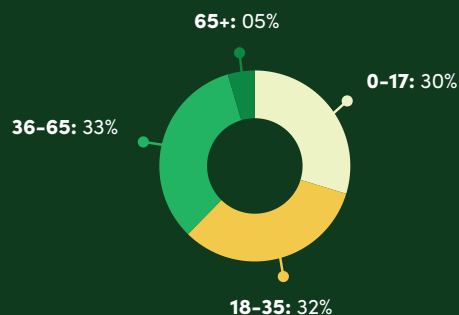
CLIENT SATISFACTION SURVEY RESULTS

- 99% Sinnissippi Centers provides a safe and trusting environment.
- 97% When arriving in person or calling Sinnissippi, I am greeted in a warm and inviting manner.
- 96% I am satisfied with the way I receive services, whether in person or virtually.
- 96% My provider seems to accept the things I say without judging me.

CLIENTS BY COUNTY OF RESIDENCE



AGE OF OUR CLIENTS



LICENSURE & ACCREDITATION

The Joint Commission
Illinois Department of Human Services - Division of Behavioral Health & Recovery
Illinois Department of Children and Family Services

www.sinnissippi.org

Sinnissippi Centers is funded, in part, by the Illinois Department of Human Services

