



# **Christa Smith, MA, QMHP**

## **Residential Supervisor**

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### **Education and Certification**

Bachelors of Science in Psychology, Western Illinois University, Masters of Arts in Clinical Psychology, Eastern Illinois University.

### **Specialization**

I work with adults with a serious mental illness.

### **My Treatment Philosophy**

I believe it is of the utmost importance to meet each person where they are. You lead your own therapy, I am here to guide you along the way. I use a variety of techniques to help empower them to live independently and successfully.

### **A little bit about me...**

I am a strong advocate for Social Justice, a huge animal lover, and an avid reader. I enjoy engaging in things that match those passions or finding some kind of adventure.



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**24-hr Crisis:** 800-242-7642  
[www.sinnissippi.org](http://www.sinnissippi.org)