



Venora Head, BA

Behavioral Health Clinician

Education and Certification

I hold a Bachelor's Degree in Psychology, and I am currently working on a Master's in Clinical Psychology and Counseling with a specialization in Forensics. I graduated from Northern Illinois University. Huskies!

Specialization

My background includes a variety of mental health services, treating children and adults.

My Treatment Philosophy

I incorporate play, art, and music into my treatments. I apply cognitive therapy with each of my clients to discover the most effective ways to engage with them. My therapy focuses on the individual and is guided by their needs. I adopt a teamwork-oriented style in therapy, acting both as both a supporter and an observer throughout the healing journey. I aim to foster a nurturing and accepting environment that promotes exploration while also gently encouraging clients to evolve and find their own unique journeys toward wellness. I find fulfillment in engaging with trauma and intricate cases, aiming to cultivate an environment where clients feel secure enough to embark on profound and significant journeys.

A little bit about me...

I enjoy spending time with friends, exploring escape rooms, hiking, rock climbing, and horseback riding. I enjoy watching crime documentaries and psychological thrillers, but my favorite genre is horror films. I'm a huge Swiftie, and I enjoy listening to music. I cherish my cat "Jumby," who is truly my closest companion.



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