

Angela Potts, BA
Behavioral Health Clinician

## **Education and Certification**

Bachelor of Arts in Human Services from Judson University. Internship at Judson University with Northern Illinois Hospice and Grief Center.

## My Treatment Philosophy

My philosophy in counseling is based in a belief in meeting a client where they are in their journey and helping to flourish growth within each individual. I strive to create a safe, supportive, and collaborative therapeutic space where clients can explore their thoughts, feelings, and behaviors in a nonjudgmental environment. I believe in the importance of building a strong therapeutic alliance based on empathy, authenticity, and mutual respect. My goal is to tailor my interventions to the unique needs and goals of each client.

## A little bit about me...

I enjoy spending time with family and friends, gardening, reading, traveling, nature hikes, exploring new places across the US. I am also passionate about supporting our veterans.



**Oregon office** 815-732-3157 **24-hr crisis:** 800-242-7642

www.sinnissippi.org