



Brook Olson, QMHP

Behavioral Health Clinician

Education and Certification

Master of Arts in Clinical Counseling from Spring Arbor University, Bachelor of Arts in Music and Ministry from Indiana Wesleyan University.

My Treatment Philosophy

I am passionate about helping my clients discover their unique and individual path to new hope and healing. I work with a wide range of clients including children all the way up to the elderly stages of life. I love to engage with my clients through a variety of therapeutic modalities to meet the individual needs of each client. This includes practices from Play Therapy, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Internal Family Systems and Somatic work. I am passionate about working in partnership with each client to create and discover their unique path to a healthy life.

A little bit about me...

I love to drink coffee, go for walks, spending time with my family and friends as well as traveling whenever I get the chance!



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