



Katelyn Dalby

Behavioral Health Clinician

Education and Certification

Bachelor of Arts in Psychology with a minor in Criminal Justice from Elmhurst University.

My Treatment Philosophy

My goal in each session is to create a safe and supportive environment for my clients where they can freely explore their thoughts and emotions. I utilize client centered, CBT, and solution based approaches.

A little bit about me...

In my free time I enjoy DIY projects, thrifting, spending time with friends, family, and my cat.



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