



# **Crystal Ammann, BS, MHP**

## **Behavioral Health Clinician**

---

### **Education and Certification**

Masters degree in Science at Walden University, in Clinical Mental Health. Bachelors degree in Criminal Justice & Social Work from Upper Iowa University. Associates degree in Police Science from Blackhawk Technical College.

### **Specialization**

Couples, marriage, families counseling and addictions counseling. Teenagers are my primary/focused population to work with and LGBTQ+.

### **My Treatment Philosophy**

I resonate with Carl Rogers and person-centered theoretical orientation under Humanistic Therapy model.

### **A little bit about me...**

I enjoy advocating & supporting my daughter in as many extra-curricular activities as possible. I also love walking & playing ball with my 2 dogs. My favorite pastime is spent at the beach.



SINNISSIPPI CENTERS

**Freeport office**      815-516-8898

**24-hr Crisis:**      800-242-7642

[www.sinnissippi.org](http://www.sinnissippi.org)