



Rainbow Allen, BA, MHP

Youth CST Clinician

Education and Certification

Bachelors in Psychology and Criminal Justice at Aurora University.

Specialization

I have worked with children and also individuals in the criminal justice system.

My Treatment Philosophy

I believe in meeting the client where they are at. I try to assist clients with recognizing how they got to the place they are at in life. I also want to help them see a brighter future in themselves by developing tools and ideas to help achieve their goals in therapy.

A little bit about me...

I enjoy physical activity, reading, listening to music, hanging out with family and friends, and playing with my dogs.



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