



Crystal Ammann, BS, MHP

Behavioral Health Clinician

Education and Certification

Masters degree in Science at Walden University, in Clinical Mental Health. Bachelors degree in Criminal Justice & Social Work from Upper Iowa University. Associates degree in Police Science from Blackhawk Technical College.

Specialization

Couples, marriage, families counseling and addictions counseling. Teenagers are my primary/focused population to work with and LGBTQ+.

My Treatment Philosophy

I resonate with Carl Rogers and person-centered theoretical orientation under Humanistic Therapy model.

A little bit about me...

I enjoy advocating & supporting my daughter in as many extra-curricular activities as possible. I also love walking & playing ball with my 2 dogs. My favorite pastime is spent at the beach.



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