



Lynnsey Worrell, MS, QMHP

Area Office Supervisor

Education and Certification

Masters of Science in Mental Health Counseling and Bachelor of Science in Psychology from Mississippi College. I'm a Nationally Certified Counselor (NCC) by the National Board for Certified Counselors, and a Licensed Professional Counselor (LPC) in the state of Illinois.

Specialization

I work with children and adults, and also cofacilitate the weekly DVIP group at Sinnissippi's Oregon office.

My Treatment Philosophy

I practice from an integrated care model. I tend to tailor the interventions I use to meet clients where they are at and their needs. I conceptualize clients from an Internal Family Systems and Dialectical Behavior Therapy framework. Above all, I utilize client-centered therapy in each session with clients.

A little bit about me...

I love spending time with my family and friends, nature walks, listening to music, and reading. I also love to watch South Korean dramas on Netflix.



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