



Autumn Brady, MHP, BS

Community Based Clinician

Education and Certification

Bachelors in criminal justice and justice administration from Western Illinois University, Associates of Arts from Sauk Valley Community college.

My Treatment Philosophy

My purpose in life is to help others. I believe that everyday is a new day and that you have the choice to wake up and chose happiness. Always live, laugh, love, and believe in yourself. We only live once, and we must make this life a great one.

A little bit about me...

I have two beautiful sons that light up my life and bring me the most happiness. I am creative, and love creating every form of art. I love nature, hiking and being spontaneous.



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