

Diana Holland MS, CRC, LPC

Behavioral Health Clinician

## **Education and Certification**

Master's of Science and Bachelor's of Science, both in Rehabilitation Counseling, both from Northern Illinois University. I am a Licensed Professional Counselor (LPC) and a Certified Rehabilitation Counselor (CRC).

## **Specialization**

Trauma-Informed Counseling.

## My Treatment Philosophy

I provide holistic and individualized counseling services that consider the client's needs, strengths, and background, as well as personal and/or cultural preferences.

## A little bit about me...

I enjoy various outdoor activities, such as canoeing, kayaking, swimming, hiking, and camping. I love taking photographs in nature. I also enjoy cooking for others.



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