

Jennifer Fox, MS, QMHP DVIP Intake/Group Facilitator

Education and Certification

Bachelors degree in Sociology from Grand Canyon University, Masters degree in Psychology from Grand Canyon University.

My Treatment Philosophy

I believe therapy is a process of healing and rediscovery of oneself in body, mind, emotions, and behaviors. I practice a strengths-based approach, helping one to reduce maladaptive thinking patterns by focusing on their strengths, and to help them reach their goals.

A little bit about me...

My husband and I have five adult children. I love nothing more than spending time with my family, I enjoy reading, all things outdoors in summer and watching football; from high school to NFL.



Dixon office 815-284-6611 **24-hr Crisis:** 800-242-7642

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