



## **Jennifer Fox, MS, QMHP**

### **Area Office Supervisor**

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#### **Education and Certification**

Bachelors degree in Sociology from Grand Canyon University, Masters degree in Psychology from Grand Canyon University.

#### **My Treatment Philosophy**

I believe therapy is a process of healing and rediscovery of oneself in body, mind, emotions, and behaviors. I practice a strengths-based approach, helping one to reduce maladaptive thinking patterns by focusing on their strengths, and to help them reach their goals.

#### **A little bit about me...**

My husband and I have five adult children and four grandchildren. I love nothing more than spending time with my family, I enjoy reading, all things outdoors in summer and watching football; from high school to NFL.

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