

Kelsey Boyd MSEd, QMHP, LPC

Behavioral Health Clinician

Education and Certification

Associates degree from Kishwaukee College, Bachelors degree in Psychology and MsEd in Clinical Mental Health Counseling, both from Northern Illinois University.

Specialization

I am interested in working with clients who have experienced trauma. I am also interested in motivational Interviewing and utilizing art therapy. LGBTQA+ inclusive practice.

My Treatment Philosophy

My therapeutic approach to treatment is an integrative psychotherapy style. I believe in incorporating creative therapies and mindfulness into my sessions.

A little bit about me...

I enjoy creating art in general. I particularly enjoy drawing and painting. I enjoy spending time with my loved ones, but I also value my alone time, watching tv, movies, reading and playing games. I am a dog person, they bring me so much joy.



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