

ANNUAL REPORT

FISCAL YEAR 2024



SINISSIPPI CENTERS
Together we inspire wellness

Marking a year of meaningful milestones.

A MESSAGE FROM OUR CEO AND BOARD CHAIR

It has been another busy year at Sinnissippi, with the organization experiencing significant growth and change. With the departure of former CEO, Patrick Phelan, at the beginning of FY2024, this led to a period of change throughout the fiscal year. It started with the recruitment and hiring process, continued through the actual transition, and was followed by additional leadership and organizational chart changes that followed.

What has remained constant, however, is growth and programmatic development. Sinnissippi provided services to more clients than ever before and is also employing more individuals than ever before. Our Freeport office, which was new at this time last year, has grown exponentially in physical space, staffing, and clients served. We are in the process of opening our third full-time office in Ogle County and are currently exploring options to expand our footprint in Mt. Carroll. We have continued to see an increased need for services since the pandemic and have also seen an increased willingness to engage in behavioral health services, as the stigma against accessing services has decreased throughout our communities and throughout the nation.

We received provisional certification as a Certified Community Behavioral Health Clinic (CCBHC) for our Dixon location on Route 2. The CCBHC model is the future of behavioral health for our nation. It has provided us with the opportunity to expand our service array and access to services, and also changes our reimbursement model, ensuring that we are reimbursed for the cost of services. Sinnissippi is the only true rural provider that is part of the CCBHC Demonstration Project within the state of Illinois, which allows us to have a voice in implementation of CCBHCs for our other sites and to be a voice for rural providers throughout the state, as this will continue to expand statewide in the years to come.

Our focus over the past year has been to meet the growing demands of the communities that we serve and to be at the forefront of influencing programming and legislation throughout the state as well. On behalf of the board of directors and the staff at Sinnissippi Centers, thank you to our friends, partners, service recipients, and supporters. Without you, this journey would not be possible. Together we inspire wellness.



Larry Prindaville

Larry Prindaville - Board Chair

Stacie Kemp

Stacie Kemp - President & CEO



“Remember to celebrate milestones as you prepare for the road ahead.”

Leadership Transition

Fiscal Year 2024 saw a transition in the top leadership at Sinnissippi Centers. Patrick Phelan left the agency in September 2023 after serving for a little over ten years. Then VP/Chief Operating Officer Stacie Kemp stepped in to serve as interim CEO. Sinnissippi’s board oversaw a nationwide search by a hiring firm for a new President/CEO. Ultimately, Kemp was chosen as the best candidate to lead Sinnissippi into the future. Kemp became President/CEO in January of 2024. She came to Sinnissippi Centers in 2015 as Chief Clinical Officer and was promoted to Chief Operating Officer in August of 2020. She had previously worked as a clinician at Sinnissippi Centers’ Mt. Carroll office from 2000 to 2002. Sinnissippi Centers’ Board Chair Larry Prindaville says of Kemp, “We are confident that under Stacie’s leadership, Sinnissippi’s trajectory of excellence will continue to mark the agency as a behavioral health resource of choice for many thousands of individuals and families throughout the area.”

New Milestones

Sinnissippi Centers was awarded its second Certified Community Behavioral Health Clinic (CCBHC) federal grant in FY2024 to further the innovation and advancement of this behavioral health model. As a result, for the first time in the agency’s history, we now have primary care services. We were also able to hire a nearly

full-time Medical Director, who has been a huge asset to the organization. Additionally, we were able to broaden the scope of our peer services to now support those experiencing substance use disorders, which has made a significant difference to those receiving that type of service. As a continuation from the previous CCBHC grant, we continue to grow Medication Assisted Recovery services, the Living Room/Drop-in Center, Peer, and Veteran services. In July of 2024, Sinnissippi Centers was selected to be part of the Illinois CCBHC State Demonstration Project that officially rolled out on October 1, 2024. Being awarded two CCBHC federal grants has positioned us well to participate in this state initiative, and we are excited to be part of changing the landscape of behavioral healthcare in Illinois. CCBHCs are specially designated clinics that provide a broad array of comprehensive mental health and substance use services. They are required to serve anyone who requests care regardless of their ability to pay, place of residence, or their age.

Sinnissippi Welcomes New Board Members

The Sinnissippi Board of Directors is excited to welcome two new members to the board - Dr. William Bird and Rebecca Munoz-Ripley. After completing a gap analysis on knowledge, expertise, and background, these individuals were intentionally nominated for the diversity that they bring to the

current board roster. Dr. William Bird is the Chief Medical Officer at CGH Medical Center in Sterling, a position he has held since 2018. Dr. Bird is a Family Practice Physician. He has worked in healthcare administration since 2005. Dr. Bird is passionate about mental health and about collaborating within our communities to provide the best service for those in need. Rebecca Munoz-Ripley is the Executive Director of the YWCA of the Sauk Valley, a position she has held since 2017. Ms. Munoz-Ripley has over 20 years of non-profit management experience; seventeen within the YMCA network. She is social justice minded and has extensive knowledge about domestic violence and sexual assault services.



Consumer Advisory Council

Sinnissippi Centers' Consumer Advisory Council (CAC) plays a key role in providing the best services possible. The council is comprised of consumers and their family members. They play a significant role in the governance of the agency by having a strong interface with Sinnissippi's board. CAC Board Member Thom Weidler says, "As a Sinnissippi client, I think the Consumer Advisory Council is a wonderful investment. I am grateful for the fact that the council gives Sinnissippi clients an opportunity to provide feedback from our perspective. This allows Sinnissippi Centers the ability to offer services that best meet our clients' needs. I am most excited by the council's continuing effort to help break the stigma of mental health and increase community awareness of Sinnissippi Centers' services, thus allowing for more people who need mental health services to receive them."



25th Anniversary for Sinnissippi's HFI Program

Sinnissippi Centers' Healthy Families Illinois (HFI) Program is celebrating their 25th year of service to families in Carroll, Lee, Ogle, and Whiteside Counties. The HFI program is a nationally accredited home-visiting program that follows the Healthy Families America model developed by Prevent Child Abuse America. Sinnissippi Centers' HFI program contributes to the agency's continuum of care by using an infant mental health approach to support new and expectant caregivers in forming strong, healthy relationships from the very beginning. Welcoming a new baby can be one of the most rewarding and challenging experiences a person can face in life. Our HFI team is there to offer information, support, and encouragement during this life-changing period. Families have reported that having someone to support them without judgment helps them to feel more confident in their ability to parent and build the type of family they want to have.

The Search is Complete

Sinnissippi Centers continues to see growth in the demand for services. As part of our strategic plan and in response to the need for services, during FY2024 we have been in the process of identifying a location for a third office in Ogle County, which will be in Byron. By the time you read this report, it is expected that we will have signed a lease for the property and begun interior construction. That will take approximately five months to complete before the new office can be opened. Sinnissippi has Ogle County offices in Oregon and Rochelle, both of which are beyond capacity at this point. Sinnissippi is also experiencing growth in community-based services, such as our Community Support Team in Ogle County.

Growth in Stephenson and Carroll Counties

Sinnissippi Centers' Freeport office completed a summer construction project, the second expansion project for that office since it was opened. We recently added six new offices, all of which are now full. We have also been busy welcoming a new Youth CST team, two new behavioral clinicians, a substance use clinician, and a full-time psych coordinator. We

THANK YOU TO OUR DONORS!

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Culver's
Connie Davis
Angie Day
Pamela Delp
Brenda Dorsey
Brandi Dunn
Catherine Dunn
Deborah Ebensberger

have had an active spring and summer and experienced over 60% growth from the third to the fourth quarter of FY2024. After a surge in demand for services, we have successfully reduced wait times for appointments in the Freeport office. The staff has grown to 27 that work in the Freeport office. At the same time, the growth that we continue to see across the agency is also impacting services at our Mt. Carroll office. Sinnissippi is in the planning stages of expanding the Mt. Carroll office to accommodate four new clinician offices, increase the size of the waiting area, add a group room, and make other additions.

Strengthening Our Team

During fiscal year 2024, Sinnissippi added two key leadership roles to the agency. Destiny Yeager was named Director of Medical Services. She started with Sinnissippi in 2021 as a med room nurse. Yeager has a Bachelor of Science in Nursing from Rasmussen University and is a Registered Nurse and a CPR Instructor. Yeager provides oversight of clinical procedures and practices of the nurses, psychiatrists, and primary care providers. Additionally, she oversees the initiatives and operations of the care coordination programs. Also, during FY2024 we



Destiny Yeager
Director of Medical Services



David Ginn
Senior Director of Corporate Operations & Compliance

welcomed David Ginn as Senior Director of Corporate Operations and Compliance. In this new role, Dave is working with the directors and managers in the information technology, facilities, and compliance departments. Ginn came to Sinnissippi from KSB Hospital, where he was a member of the management team for many years.

Immersive Sensory Experience

Sinnissippi Centers' Rochelle office now has a sensory room that can be used for clients of all ages. Sensory rooms are spaces that have been specifically designed to give an immersive sensory experience for people with a variety of needs. The main benefit of sensory rooms is that they are an effective way for individuals to manage their stress levels and

negative thoughts and emotions. A sensory room typically uses lights, sound, colors, and other sensory cues to calm, engage, and help users to develop emotionally and cognitively. They are designed to help users engage with their senses — touch, sight, and hearing — and reap the benefits of sensory stimulation in a safe and relaxed environment, regardless of their age or ability.

Continued Growth of Recovery Support Services

Sinnissippi Centers has seen growth during FY2024 in our Recovery Support Services. Recovery support staff can function as an advocate for our clients, help clients to access needed resources and support networks, and assist them in overcoming transportation barriers. They also can help develop relapse prevention plans, provide additional support between therapy/groups sessions, engage clients in services, explore and practice coping skills, and provide so many more services. Recovery Support Services is one of the nine required service categories offered by a CCBHC (see story on page 3), and it is vital for client engagement and positive outcomes. It is expected this service category will continue to grow.

Elkay
Emerald Hill Golf Course
Jana Espinoza
Farmers National Bank
JoAnn Fettrow
Amy Finn
Kay Fisher
Trudie Flaningam
Forreston Veterinary Clinic
Jen Fox
Stanley R. Fritz Living Trust
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Tom Hermes
Renee Hill
Valerie Howard
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Jessica Hutchinson
Illinois Critical Access Hospital Network

Andrew & Beverly Jackson
Christine Jahn
Rebecca Johanning
Doreen Johnson
Synthia & Jeremy Jones
Mick & Pat Kazmerski
Kevin Keltner
Stacie & Joshua Kemp
Ken Nelson Auto Group
Dolly Kinn
Hugh Knapp
Kimberly Knight
Charlene Knudten
Fritz & Sally Kuhlmeier
Maggie LaFever

Pathways to Success

Sinnissippi Centers' Pathways to Success is a program for Medicaid-enrolled individuals under the age of 21 in Illinois, residing in Henry, Bureau, Whiteside, or Lee counties, who have significant and complex behavioral health needs. The goal of the program is to improve treatment outcomes and reduce crisis episodes in children and adolescents through the playful coordination of all clinical and community services. Pathways to Success Care Coordinators meet weekly with both parents and the child, in the home and community, to provide support and reduce caregiver stress. The program promotes increases in family communication through the utilization of regular child and family team meetings with the family and all providers to ensure the best outcomes, including increased emotional and physical regulation, decreased law enforcement interactions, increased school performance, and attendance along with improved family functioning.



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Lee County Health Department
Sue Linder
Bill & Annette Long
Lost Nation Golf Club
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Macedonia Baptist Church
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Sam Martins
Gloria Martin
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Rochelle Broadcasting Company
Rochelle Veterinary Hospital
Rock Falls American Legion
Rolling Hills Progress Center
Hope Roop
Shawn Rosengren
Rosecrance Health Network
Amanda Rousonelos

How Your Support Helps

Your donations to Sinnissippi Centers help improve the quality of life of the individuals and families we serve. Our support programs for clients center on filling urgent needs like helping pay for vital medications, keeping individuals in housing, keeping the heat on during winter, and helping clients afford treatment. Donations support events like the Wellness and Recovery Celebration held in September that benefit clients and help increase awareness. In addition, Sinnissippi has other programs that promote mental wellness. Your support of Sinnissippi Centers truly makes a difference in the lives of so many each year.

Please consider Sinnissippi Centers in your estate planning

Have you ever considered including a non-profit organization in your estate planning? One way to support Sinnissippi Centers is naming the agency as a beneficiary on a retirement account, insurance contract, or other assets. Another way to support Sinnissippi can be a Qualified Charitable Distribution (QCD). A QCD is a tax-free donation from your IRA to a qualified charity. There are some requirements to meet, but a QCD can count toward your minimum distributions. Before making any decisions, you should consult your financial advisor. For more information, reach out to Sinnissippi Centers' President/CEO Stacie Kemp.

TOGETHER WE INSPIRE WELLNESS

Join us in making a difference!

Email: info.@sinnissippi.com

Website: www.sinnissippi.org

Donations

Sinnissippi Centers
325 Illinois Route 2
Dixon, IL 61021

www.sinnissippi.org/donate



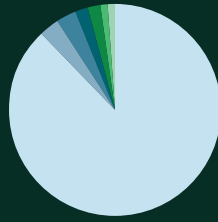
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St. Paul Lutheran Church
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Sauk Valley Bank
SBM Business Equipment Center
Taylor Schauff
Schmitt Plumbing & Heating
Mark Scholl
Sarah Schulfer-Popp
Harold & Mary Scuffham
Matthew Severing
Shady Oaks Country Club
Thomas & Tammy Shaw
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Jane Sidwell
Ashley Siepka
Silver Ridge Golf Course

Laura Smith
Chelsea Smith
Julie Sprecher
Sterling Federal Bank
Tammy Stewart
Streamwood Behavioral Health System
Shandra Strow
Bettie Sullivan
Take a chance on Youth raffle buyers
The First National Bank in Amboy
Triumph Financial/TBK Bank
Peggy Tully
Julie Turner
Peggy Ulferts
Tammy & Mark Vivian
David & Mary Vivian
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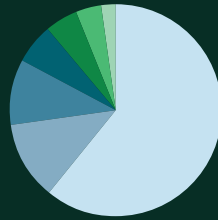
FY 2024 EXPENSES

- 88% Personnel & Benefits
- 03% Rent/Lease
- 03% Consumables
- 02% Operating Expense
- 02% Transportation
- 01% Depreciation
- 01% Other



FY 2024 REVENUE

- 61% Medicaid/Client fees
- 12% Other state grants
- 10% Div. Mental Health
- 06% DCFS
- 05% SUPR
- 04% County Support
- 02% Other



TOP REFERRAL SOURCES

- 29% Self-Referred
- 16% Family-Referred
- 06% Probation-Parole-Other Court
- 23% Hospital & Physician
- 05% DCFS
- 05% School

CRISIS EVALUATIONS

1,290 Youth: 467
Adults: 823

Crisis evaluations were performed in fiscal year 2024 (Unduplicated)

CREDENTIALING STATUS OF OUR STAFF

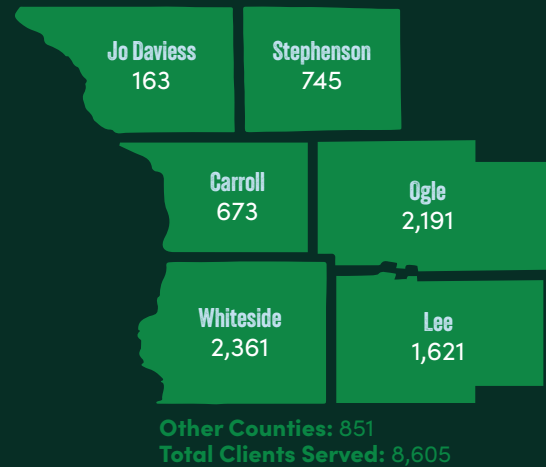
- 291 Total Staff
- 25 Licensed Social Workers (LSW/LCSW)
- 24 Licensed Counselors (LPC/LCPC)
- 15 Certified Alcohol and Drug Counselors (CADC/CRADC)
- 06 Certified Peer or Recovery Support Specialists (CRSS/CPRS)
- 05 Registered Nurses (RN)
- 02 Licensed Practical Nurses (LPN)
- 05 Advanced Practice Nurses (APN)
- 02 Psychiatrists

FY 2024 AT A GLANCE

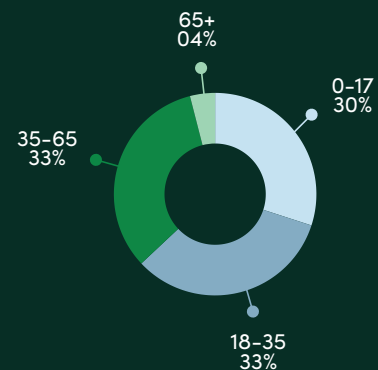
CLIENT SATISFACTION SURVEY RESULTS

- 95% Sinnissippi Centers provides a safe and trusting environment
- 96% When arriving in person or calling Sinnissippi, I am greeted in a warm, inviting manner
- 93% I am satisfied with the way I receive services, whether in person or virtually

CLIENTS BY COUNTY OF RESIDENCE



AGE OF OUR CLIENTS BY PERCENT



LICENSURE & ACCREDITATION

The Joint Commission
 Illinois Department of Human Services - Division of Substance Use Prevention and Recovery
 Illinois Department of Human Services - Division of Mental Health
 Illinois Department of Children and Family Services

www.sinnissippi.org

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United Way of Lee County
 Community Partner.
 United Way of Ogle County
 Community Partner.