



# **Alison Grimes, MHP, CADC**

## **SUPR Clinician**

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### **Education and Certification**

I am currently working on my bachelor's in psychology at Upper Iowa University with hopes of moving on to receiving my MSW at Aurora University. I am also certified in Domestic Violence treatment.

### **Specialization**

Substance use and domestic violence treatment.

### **My Treatment Philosophy**

My approach is learning your goals, passions and hopes for the future and helping you to achieve your version of "living your best life". I work hard to assist clients in assessing barriers and working to overcome them. I am passionate about helping people achieve the version of themselves they never thought was possible.

### **A little bit about me...**

I enjoy spending time with my family and goats while adjusting to life in a new rural setting. I have a slight obsession with all things "Stitch" related (*yes from Lilo and Stitch*) and I would prefer to celebrate Halloween all year long.

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SINNISSIPPI CENTERS

**Freeport office**

**815-516-8898**

**24-hr Crisis:**

**800-242-7642**

**[www.sinnissippi.org](http://www.sinnissippi.org)**