



Sandra DeVries
M.Ed, QMHP
CST Supervisor

Education and Certification

Masters degree in Counseling/Human Services from Northern Arizona University. Bachelor's degree from Rockford College in Business Management and Psychology.

Specialization

Trauma, substance use, depression, anxiety, self esteem and grief. My areas of focus are with adolescents.

My Treatment Philosophy

I don't believe there is one treatment for all. I find what people need now and how to grow. I have seen the whole health concept develop and the care it brings. This is primary to me to treat with the whole health approach and to be able to help it move forward in Illinois.

A little bit about me...

I enjoy music, plays, movies, reading classics and I would like to learn to bake. My mother passed down a love for quilting, cross stitch and more. I have a cat and I am trying to get her to paint, but no such luck.



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