



Tanja Babel, MSW, MHP

Behavioral Health Clinician

Education and Certification

Masters in Social Work from Aurora University.
Bachelors in Social Work from Aurora University.

My Treatment Philosophy

My mission is to empower clients to foster healthy relationships with themselves and their loved ones. I approach therapy from a humanistic and client-centered perspective, tailoring our work to your unique history and background while remaining grounded in a compassionate, pragmatic present. Together, we will navigate your challenges and work towards your personal growth and well-being.

A little bit about me...

I have a deep passion for reading and enjoy cozying up with my cats, especially during the winter months. In the spring and summer, I immerse myself in gardening, experimenting with new vegetables and flowers. My husband and I take the opportunity to travel and explore new places whenever we can.



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