



## **Louie Mayor, MS, MHP**

### **CST Supervisor**

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#### **Education and Certification**

Graduated from Columbia College with a Bachelor of Arts in Psychology and from Capella University with a Masters in Psychology.

#### **My Treatment Philosophy**

My approach to treatment is to be genuine, honest, and non-judgmental with clients. I believe that should be the foundation of the clinician/client relationship. How can you expect a client to open up to you if they are not certain that you can provide the environment and trust they will need to do so. Also, I like to infuse humor into my methods. I feel that it can sometimes diffuse trauma enough so that it becomes easier to talk about.

#### **A little bit about me...**

My hobbies are roleplaying, and video games, woodworking and going to the gym.

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