



Katrina Valencia, MHP, CADC

Behavioral Health Clinician

Education and Certification

Bachelor's degree in Psychology with a Minor in Spanish from the University of Illinois Chicago.

Specialization

Adolescent and Adult Substance Use Prevention and Recovery (SUPR) assessment and individual counseling; adult Intensive Outpatient services and adult group (Aftercare); Bilingual Clinician.

My Treatment Philosophy

I believe in a client-centered and client-driven approach. I believe clients know what they want to accomplish in treatment, they just need help in identifying avenues and ways to reach their goals. I also believe that identifying one's strengths is an integral part of building or rebuilding one's self-esteem, which is an important part of recovery.

A little bit about me...

I love running and spending time outdoors. My family and I spend a lot of time camping and hiking in the summer and love Fall activities.



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