



Chelsea Smith
MSW, LCSW, QMHP
Community Support Team Supervisor

Education and Certification

Masters in Social Work from Aurora University, Bachelor's in Psychology and Sociology from Coe College, Iowa. Received my LCSW in 2023.

My Treatment Philosophy

What I would like clients to know about my therapeutic approach is that it is person-centered. No one knows themselves better than the client does. I am also very strengths centered. What can you do and how can we use those strengths to get to where you want to be? The client leads the way, I'm there to provide support.

A little bit about me...

I really enjoy spending time in nature, especially in the spring and fall; I go on nature walks often and love to visit new areas to take hikes. Some indoor activities I enjoy are reading, doing puzzles, crocheting or cross-stitching, and spending time with my family and animals. I'm a big listener of podcasts and have quite the range of taste in music.



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