



## **Tanja Babel, MSW, LSW**

### **Behavioral Health Clinician**

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#### **Education and Certification**

Masters in Social Work from Aurora University.  
Bachelors in Social Work from Aurora University.

#### **My Treatment Philosophy**

My mission is to empower clients to foster healthy relationships with themselves and their loved ones. I approach therapy from a humanistic and client-centered perspective, tailoring our work to your unique history and background while remaining grounded in a compassionate, pragmatic present. Together, we will navigate your challenges and work towards your personal growth and well-being.

#### **A little bit about me...**

I have a deep passion for reading and enjoy cozying up with my cats, especially during the winter months. In the spring and summer, I immerse myself in gardening, experimenting with new vegetables and flowers. My husband and I take the opportunity to travel and explore new places whenever we can.



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