



## **Misty McBride, MHP**

Blended Clinician Intern

---

### **Education and Certification**

Bachelors degree in Business Administration from Western Governors University, completing Masters in Clinical Mental Health Counseling at Capella University.

### **My Treatment Philosophy**

My approach to treatment is Cognitive Behavioral Therapy (CBT) at the foundation. However, I do believe the every person's experiences are unique to that person, so I am intentional to be sure I integrate interventions that are applicable to the unique need of the person.

### **A little bit about me...**

I love to be creative! I do crafts, I constantly look to repurpose items like furniture, and I also love photography. I also like to read, sing, write, and I really enjoy teaching.



SINNISSIPPI CENTERS

**Freeport:** 815-516-8898

**Toll-free:** 800-242-7642

[www.sinnissippi.org](http://www.sinnissippi.org)