



Michelle Hall Bustos, BA

CST Clinician

Education and Certification

Bachelor of Arts in Psychology from the University of Arizona.

My Treatment Philosophy

I am an empathetic person that can relate to your situation and if I cannot relate to a situation, I can sympathize with you by hearing what you have to say and help to find solutions. I do not judge; everyone has a story to tell, and I am able and willing to listen. My approach to therapy is to be open and honest, not everything needs to be shared all at once but what information is being shared is truthful.

A little bit about me...

My hobbies include reading different genre books, taking walks in nature, listening to music, watching movies, and collecting crystals/stones. The crystal/stone collecting comes from the knowledge and passion of meditation healing; its not for everyone but it's something that has helped me.



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