



## **Najwa Morrarr, BS, MPH**

### **Behavioral Health Clinician**

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#### **Education and Certification**

Bachelor of Science in Psychology, minor in counseling, Northern Illinois University.

#### **My Treatment Philosophy**

I am a believer that Radical Self-Love has the power to unlearn what society has implanted into our heads that we must achieve a multitude of certain, unattainable goals to be “worthy” of love and respect. We must start by accepting ourselves and loving ourselves so that we can strive for better for ourselves. Once we have filled our own cups, we must reach out to others and help to fill theirs.

#### **A little bit about me...**

I enjoy a few hobbies: Arts and crafts, video games, and content analysis. My other interests are keyboards, makeup, and Snapcube Sonic fandub.

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