



## **Laura See, BS, MHP**

### **School Based Clinician**

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#### **Education and Certification**

Bachelor of Science in Psychology and minor in Business from Rockford University. Associates of Science from Sauk Valley Community College.

#### **My Treatment Philosophy**

I believe in a client-centered approach. As a school-based clinician, it's vital to form relationships based on trust that create a safe-space where kids feel comfortable to relax and talk openly. It is especially important for kids to feel heard and understood.

#### **A little bit about me...**

I love to be outdoors, especially in the Summer. You'll find me anywhere near water! However, I love the season change in the fall, Midwest falls are beautiful. A drive or a hike to see fall leaves or going to an apple orchard are some of my favorite things to do. I love spending time with my kids and my extended family. I also love my big fluffy dog, Maizy.

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