

Jeff Miller, MSW, QMHP

Crisis Care Clinician

Education and Certification

Bachelor of Arts in Political Science from Northern Illinois University and Masters in Social Work from Aurora University.

My Treatment Philosophy

I think my approach to therapy is mostly person-centered, but I also believe the concept of “core beliefs” from CBT are helpful in identifying patterns of thought which might negatively affect how one navigates life.

A little bit about me...

I enjoy films, reading, and occasionally video games. I like to stay informed about the world around me and if I wasn't working in mental health, I would like to be teaching political science at a university level.



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