

Kia McCrudden, MSW, MBA, QMHP

Crisis Services Clinician

Education and Certification

Bachelor's degree in Law Enforcement from Western Illinois University, Master's in Social Work and Master's in Business Administration from Aurora University.

My Treatment Philosophy

I have a laid back and client led style as I try to make everyone feel comfortable when working with me. I also believe there is no single approach for every individual, so I have been trained in a variety of approaches, but I prefer to rely on elements of CBT therapy and motivational interviewing techniques.

A little bit about me...

I enjoy a lot of artsy hobbies such as painting and photography, but I also love occasionally lazy days spent just catching up on a good Netflix show.



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