

# **Kia McCrudden, MSW, MBA, QMHP**

## **Crisis Services Clinician**

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### **Education and Certification**

Bachelor's degree in Law Enforcement from Western Illinois University, Master's in Social Work and Master's in Business Administration from Aurora University.

### **My Treatment Philosophy**

I have a laid back and client led style as I try to make everyone feel comfortable when working with me. I also believe there is no single approach for every individual, so I have been trained in a variety of approaches, but I prefer to rely on elements of CBT therapy and motivational interviewing techniques.

### **A little bit about me...**

I enjoy a lot of artsy hobbies such as painting and photography, but I also love occasionally lazy days spent just catching up on a good Netflix show.

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