



Diana Holland

Behavioral Health Intern

Education and Certification

Bachelor's of Science in Rehabilitation Counseling and current graduate student in Rehabilitation Counseling, Northern Illinois University.

Specialization

Trauma-Informed Counseling.

My Treatment Philosophy

I take an integrated approach with clients and find what works best for them based on their current situation. Special considerations will be paid to personal preferences, individuality, as well as multicultural components that influence the decision-making process. I am here to help support you and connect you with services that will assist you during this transition.

A little bit about me...

I enjoy various outdoor activities, such as canoeing, kayaking, swimming, hiking, and camping. I love taking photographs in nature. I also enjoy cooking for others.



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