



## **Diana Holland, CRC**

### **Behavioral Health Clinician**

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#### **Education and Certification**

Master's of Science and Bachelor's of Science, both in Rehabilitation Counseling, both from Northern Illinois University. I am a Certified Rehabilitation Counselor (CRC).

#### **Specialization**

Trauma-Informed Counseling.

#### **My Treatment Philosophy**

I provide holistic and individualized counseling services that consider the client's needs, strengths, and background, as well as personal and/or cultural preferences.

#### **A little bit about me...**

I enjoy various outdoor activities, such as canoeing, kayaking, swimming, hiking, and camping. I love taking photographs in nature. I also enjoy cooking for others.



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