Abby Colberg, CRSS, MHP

Crisis Recovery Support Specialist

Education and Certification

I graduated from Sterling High School and attended Sauk Valley Community College for some classes for a few years, but plan on finishing my associates.

My Treatment Philosophy

My approach is making sure the client feels comfortable and that they can be themselves. Being there to have a listening ear and answer any questions that they have is an important factor to me.

A little bit about me...

My favorite thing to do is fish at my fiancé's family lake. My fiancé and I enjoy rock hunting and hiking at state parks. Being at home with my cat Myla and hanging out with friends is what I enjoy doing. Also reading and listening to music while sitting on the porch when the weather is nice.

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www.sinnissippi.org