



Ashlee Casado
MS, A-MFT, QMHP
MISA Clinician

Education and Certification

Master's Degree from Capella University with an MS in Marriage and Family Therapy. Bachelors of Science in Recreational Therapy University of Mount Olive.

Specialization

Trauma, Prenatal/Postpartum, Attachment Difficulties, Couples and Family Work.

My Treatment Philosophy

I want clients to know that the most important thing to me is building that therapeutic relationship. People tend to thrive in an environment that feels safe for them and where they feel heard, understood, and not judged. Those are my ultimate goals.

A little bit about me...

Spending time with family, binge watching my favorite shows, being a mom, and home improvement/decorating.



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