



# NAVIGATING CHILD & ADOLESCENT *Anxiety*

ANXIETY EXPLAINED.  
KIDS EMPOWERED!

**TUESDAY,  
SEPTEMBER 26**

9:00 AM - 3:00 PM  
LUNCH PROVIDED

**DIXON ELKS  
LODGE**

1279 FRANKLIN  
GROVE RD.

**CEU'S &  
PROFESSIONAL  
DEVELOPMENT  
HOURS AVAILABLE**

FOR TEACHERS,  
LPC/LCPC,  
LSW/LCSW,  
& LMFT



REGIONAL OFFICE OF EDUCATION #47  
LEE - OGLE - WHITESIDE

STRONGER SCHOOLS - STRONGER FAMILIES - STRONGER COMMUNITIES



**REGISTER TODAY**

[HTTPS://SWIY.CO/  
TEEN-AND-ADOLESCENT-ANXIETY](https://swiy.co/teen-and-adolescent-anxiety)

**\$25**



## ABOUT KAREN YOUNG

Karen is a sought-after psychologist, educator, consultant, and speaker who has worked with parents, schools, government bodies, and child and adolescent focused organizations across the world. She is the founder of 'Hey Sigmund', an online resource that provides research-driven information on anxiety and the neurodevelopment of children, and the author of three bestselling books.

