



# **Lynnsey Worrell, MS, QMHP**

## **Area Office Supervisor**

---

### **Education and Certification**

Masters of Science in Mental Health Counseling and Bachelor of Science in Psychology from Mississippi College. I'm a Nationally Certified Counselor (NCC) by the National Board for Certified Counselors, and a Licensed Professional Counselor (LPC) in the state of Illinois.

### **Specialization**

I work with children and adults, and also cofacilitate the weekly DVIP group at Sinnissippi's Oregon office.

### **My Treatment Philosophy**

I practice from an integrated care model. I tend to tailor the interventions I use to meet clients where they are at and their needs. I conceptualize clients from an Internal Family Systems and Dialectical Behavior Therapy framework. Above all, I utilize client-centered therapy in each session with clients.

### **A little bit about me...**

I love spending time with my family and friends, nature walks, listening to music, and reading. I also love to watch South Korean dramas on Netflix.

---



SINNISSIPPI CENTERS

**Byron office**

**815-209-0998**

**24-hr Crisis:**

**800-242-7642**

[www.sinnissippi.org](http://www.sinnissippi.org)