



## **Abby Vidal, BS, MHP**

Virtual Bilingual Clinician

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### **Education and Certification**

Bachelor's degree in Human Development and Family Sciences from Northern Illinois University.

### **Specialization**

I am a Certified Domestic Violence Professional and I have previously worked closely with both victims and perpetrators.

### **My Treatment Philosophy**

In treatment, I hope to empower and challenge clients in a way that allows them to explore and fulfill their own potential. My approach to treatment is based on treating each client as a unique individual.

### **A little bit about me...**

I love music, painting and drawing. Most of my free time is spent watching anime or scary movies, playing with my dogs, or traveling.

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