



# **Lucinda Carey, MS, QMHP**

## **Marriage/Family Counseling Intern**

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### **Education and Certification**

I have a bachelor's degree in psychology from Columbia College. I also have a Master of Science degree in Psychology from Walden University.

### **Specialization**

Marriage and Family therapy.

### **My Treatment Philosophy**

I have a client centered approach for my treatment philosophy. I want my clients to know that this is a safe space for them. My approach in counseling is varied based on client need, but one of the theoretical approaches I find interesting is cognitive behavioral therapy.

### **A little bit about me...**

In my free time, I enjoy portrait photography as a hobby. I also like to adventure outdoors, go to the gym, and spend time with family or friends.

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