

# Sinnissippi Centers

## ANNUAL REPORT

### FY2022



## A Year of Growth - Patrick Phelan President/CEO



Fiscal year 2022 has been a period of growth for Sinnissippi Centers and behavioral health in general. As you will see in the following stories, sometimes good things can come out of bad situations. Out of the challenges of the coronavirus pandemic, and other events of the past year, has come a much greater awareness of the importance of behavioral health treatment both by individuals and government agencies. Funding has followed the increased need both at the state and federal levels. Sinnissippi, like all of healthcare, and other industries, is still faced with staffing shortages at the present time, but the level of funding support we have seen over the past fiscal year has led to more individuals being served.

We don't expect things to slow down at all as we begin fiscal year 2023. We will continue to develop as a Certified Community Behavioral Health Clinic, with even greater focus on access to treatment when and where it's needed. The Pathways to Success program and enhanced crisis response will add new levels of treatment and many new employees. Our focus on providing a premier employment experience will continue throughout the next year and beyond. Although we have seen significant increases in funding during the last year, increasing demand continues to outpace our growing resources. Our advocacy efforts are far from complete.

Serving as the CEO of Sinnissippi Centers is the greatest honor of my life, but none of these accomplishments would be remotely possible without the best employees to be found anywhere, incredible collaborative partners in our communities, and a growing number of our neighbors who are reaching out for help. My most sincere thanks to all of you.

### Increased Financial Support for Behavioral Health

The COVID-19 pandemic, disruptions at school and work, increased grief and loss, financial struggles, violence in our cities, global political issues, and divisiveness here at home have all contributed to increasing challenges with mental health and substance use over the last few years. Although we are dismayed at the increase in behavioral health challenges we are seeing, we are pleased with the increased public recognition of mental health and substance use concerns and the willingness of our federal and state governments to better fund treatment. In Illinois, Medicaid rates have increased to better support treatment. The state is investing funds to address workforce challenges through student loan forgiveness and other mechanisms.



Additional new funding is being directed toward crisis services including the creation of 988 and the expansion of intensive support to kids with significant emotional disturbances. At the federal level, COVID relief dollars and enhanced Medicaid block grants are being provided to states. Recent federal legislation provides additional support for school-based treatment, Certified Community Behavioral Health Clinics, and prevention measures. There's still work to do. We must ensure that this support lasts well beyond the pandemic, recognizing that the biological and social factors that influence mental illness and substance use aren't new at all, but were merely made worse by the current challenges.

### Sinnissippi's CCBHC Project Progress

Sinnissippi continues to grow as a Certified Community Behavioral Health Clinic (CCBHC), a model that requires a robust continuum of treatment for mental health and substance use concerns. Sinnissippi is one of seven CCBHC's in Illinois currently. Funded by a Substance Abuse and Mental Health Services Administration grant, Sinnissippi has expanded several programs including intensive treatment teams, intake and assessment services, the Living Room/Drop-in Center, and supports from staff with lived experience. Several additional enhancements are underway. A Consumer Advisory Council is in development. Screening and care coordination for those with significant physical health conditions has been expanded through hiring of additional nurses. Finally, to address the growing demand for services, Sinnissippi continues to add additional treatment providers to ensure expedient access to services for new and existing consumers.



### Sinnissippi's Drop-in Center

Sinnissippi Centers' Drop-in Center had its grand opening on January 25, 2022, and has had 383 visits between the grand opening and the end of FY22 on June 30, 2022. The center is a "Living Room" concept, which provides a safe and secure environment and offers emotional support, assistance to help apply for support programs, or just a safe space to spend time, play games, or watch TV. Any adult can utilize the Drop-in Center between 8:30am-4:30pm Monday through Friday. It is operated by Recovery Support Specialists and is open to ages 18 and older. The Drop-in Center is located inside Town Square Centre in Dixon, Illinois.



Sinnissippi's Town Square Centre office

### New Veteran Services at Sinnissippi

As part of Sinnissippi Centers' CCBHC Project, treatment for veterans will be improved through the recent hiring of a new Veteran Services Coordinator. This individual will work with veterans and veterans' organizations to both tailor our services to our former military men and women and to increase the use of the services we provide.

### Staff Growth Continues

Sinnissippi Centers began the COVID-19 pandemic with an employee count of 179. As of the end of fiscal year 2022, that number had risen to 245 - an increase of over 37%. Additional staff were hired to meet the increasing need for behavioral health services as well as for new programs and offices. The growth in clinical services has warranted a corresponding increase in staff in other supporting departments such as Information Technology, Quality Assurance, Human Resources, Maintenance, and Business Office.

### Sinnissippi Expands to Stephenson County

After 55 years of focusing the delivery of behavioral health services almost exclusively in the counties of Carroll, Lee, Ogle, and Whiteside, Sinnissippi completed plans to open a full-time office in Stephenson County in FY22. The office was first staffed by one of Sinnissippi's Intact Family Services teams and has since grown to include a full-time office supervisor, full-time clerical support, and two full-time outpatient behavioral health clinicians. The office is located at 524 Stephenson Street, Suite 340, in the 524 Building.



Sinnissippi Centers' Freeport location



## Diverse Equitable Inclusive

Sinnissippi Centers staff are continuing to improve the culture of the organization to be more welcoming to diverse populations. The Diversity, Equity, and Inclusion Committee meets on a monthly basis to review policies and practices and recommend changes to be more culturally sensitive. This focus has also extended to hiring practices. Over the past year, the percentage of new hires who identify themselves as a minority exceeded the minority percentage of the region as a whole. Through satisfaction surveys, employees report that Sinnissippi Centers is a very welcoming place to work and have a career.



## Milestones

Staff at Sinnissippi consistently report high job satisfaction. 41 employees have over ten years of seniority. Of special note, Sinnissippi congratulates Executive Secretary Phyllis Berge who reached 40 years of service to Sinnissippi Centers during fiscal year 2022.



Phyllis Berge

## Training Center of Excellence

Since the early 1970's, Sinnissippi has served as a training site for early career professionals interested in behavioral health. Over the past 8 years, this commitment to training and education has exploded and during FY22, Sinnissippi served as a training site for 18 interns. The Center of Excellence has been spearheaded primarily by Cris Mugrage, LCSW, Director of Quality Assurance and Corporate Compliance, as well as dozens of supervisors who have assisted with intern training and supervision. In FY22, Sinnissippi developed a position for a full-time Internship Supervisor which was filled by Ashley Bartlow, LCSW. Sinnissippi was also successful in applying for a grant through the Community Behavioral Health Association to support compensation for interns and continued development of training programs.

## Easing the Burden

Paperwork is a necessary task for any industry. In behavioral health, clinicians are required to document treatment plans, take session notes, and enter other information. It does reduce how much time can be devoted to care, thus limiting the number of individuals one clinician can see. Sinnissippi embarked on a project in FY22 to find ways to reduce the burden on clinicians so they can serve more clients. It's something that is behind the scenes that few will ever see or think about, but something that will have an impact on quality of care for years to come.

## Now and in the Future

Sinnissippi Centers continues to work on completing all goals of our Certified Community Behavioral Healthcare Clinic project. We are preparing for the full roll-out of this model in Illinois, and for another roll-out, hopefully this fiscal year, of Illinois' Pathways to Success program that will provide additional support for Medicaid enrolled children with complex behavioral healthcare needs. We are also working with the new 988 Suicide and Crisis Lifeline as we respond to calls in our service area from 988. Finally, we are responding to ever more demand driven by federal and state funding increases for mental health, and the increasing demand for services we have been seeing these past many months.



## Fundraising Efforts in FY2022

Sinnissippi Centers' events during FY22 raised funds to support the men's and women's recovery homes and to purchase Automated External Defibrillators (AED's) for every Sinnissippi office, apartment site, and recovery home. Our two major annual events are the Golf Open and the Stay Home for Sinnissippi Non-Event Gala. AED's are as essential as fire extinguishers. The survival rate of a patient defibrillated within the first three minutes of a cardiac arrest approaches 95%. Many Sinnissippi Centers' staff members are already trained in AED use.



Providing care, offering hope

## How Your Support Helps

Your donations to Sinnissippi Centers help improve the quality of life of the individuals and families we serve. Our support programs for clients center on filling urgent needs like helping pay for vital medications, keeping individuals in housing, keeping the heat on during winter, and helping clients afford treatment. In addition, Sinnissippi has other programs that promote mental wellness. Your support of Sinnissippi Centers truly makes a difference in the lives of so many each year.

## Who We Help With Your Gifts

Over 1,000 individuals were helped in FY22 through your generosity. Each person has their own story of what that meant to them, but the impact of every donation makes a huge difference in the life of someone battling behavioral health symptoms.

## Who Supports Our Clients With their Gifts

Over 960 individuals and organizations supported Sinnissippi Centers through gifts and other donations. Over \$76,000 was received. It's an overwhelming response. You can see our FY2022 donors & sponsors on the back page of this report.

## Get In Touch With Sinnissippi Centers

If you would like to know more about Sinnissippi Centers, or would like to make a donation, here's how.

### Donation by Mail

Sinnissippi Centers  
325 Illinois Route 2  
Dixon, IL 61021

### Donations Online

[www.sinnissippi.org/donate](http://www.sinnissippi.org/donate)

### More Information Online

[www.sinnissippi.org](http://www.sinnissippi.org)

### Phone

815-284-6611

### Email Us

[info@sinnissippi.com](mailto:info@sinnissippi.com)

### Follow us

Check out Sinnissippi on Facebook, Instagram, Twitter, LinkedIn, and YouTube.



# Thank you for your support of Sinnissippi Centers during FY2022

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 Lawrence R. Allen  
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 Natalie & Margaret Andrews - DeLaFuentes  
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 Jeff & Phyllis Berge  
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 Patrick & Tricia Phelan  
 Jillian Piske  
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 Prairie View Golf Club  
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Larry & Ann Prindaville  
 Raynor Manufacturing Company  
 William Reigle  
 Jason & Alice Reter  
 Rochelle Broadcasting Company  
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 (numerous)  
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 Law Office of Robert J. Thompson  
 Sheri Traum  
 Lois Turkington  
 Peggy Ulferts  
 United Methodist Church Morrison  
 VFW Post No. 3878  
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 Hal & Rose Wendler  
 Kris Wexell  
 Clarice Whaley  
 DeAnne & Jeff White  
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 Wendy & Michael Wiersema  
 Gary & Lori Wilhelm  
 John & DeAnna Wilson  
 Kerrie Winge  
 Scott & Amy Wittenauer  
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**SINNISSIPPI CENTERS**  
Providing care, offering hope  
800-242-7642  
www.sinnissippi.org

## Services for All

Infants & Children

Teens

Adults



Individuals

Couples

Families

## A Variety of Services

Community Support

Groups

Intensive Outpatient

Aftercare

Substance Use



Prevention

Early Intervention

Treatment

Skills Learning

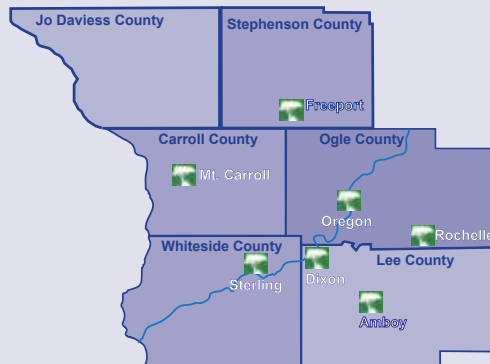
Mental Health

## Services in Many Locations

Community

Schools

Hospitals



Sinnissippi Offices

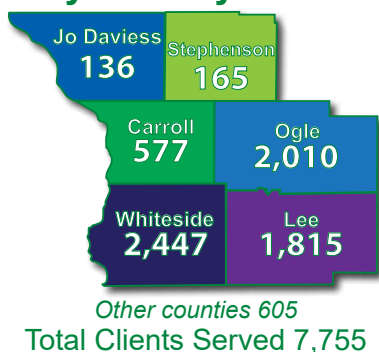
Tele-health

Homes

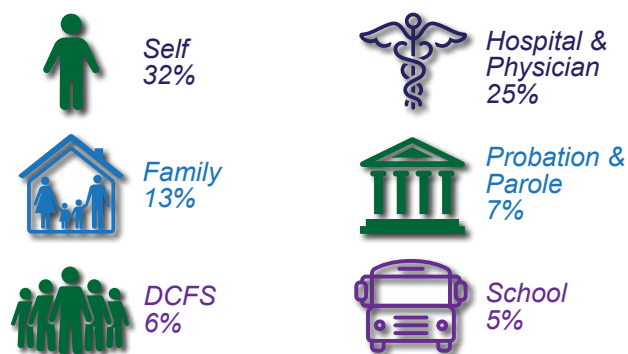
Supported Residential

Recovery Homes

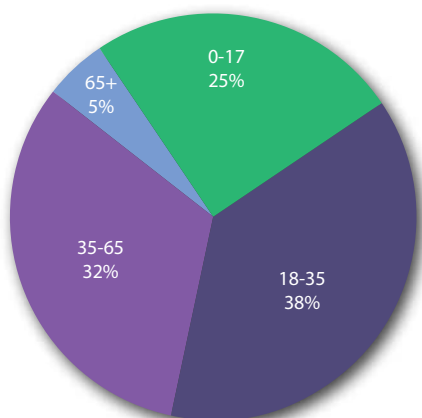
## Clients by County of Residence



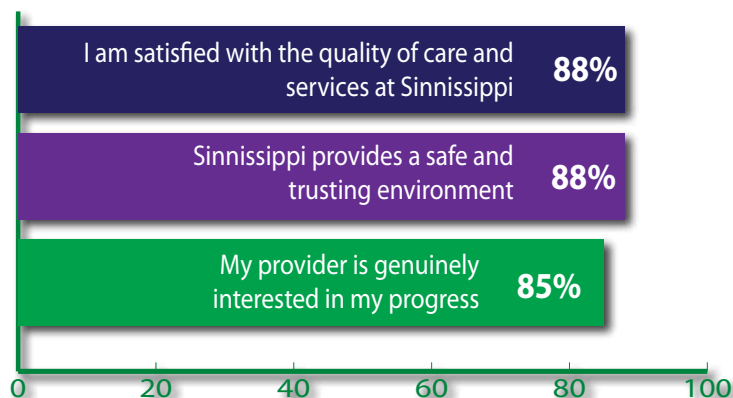
## Top Referral Sources



## Age of Our Clients by Percent



## Client Satisfaction Survey Results



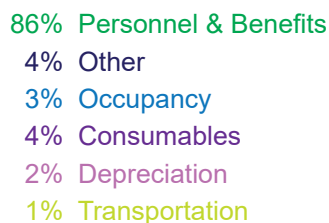
## Crisis Evaluations



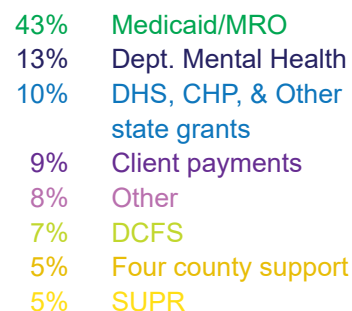
## Educational Attainment of Our Staff



## FY 2022 Expenses



## FY 2022 Revenue



## Licensure & Accreditation



The Joint Commission

Illinois Department of Human Services - Division of Substance Use Prevention and Recovery

Illinois Department of Human Services - Division of Mental Health

Illinois Department of Children and Family Services

[www.sinnissippi.org](http://www.sinnissippi.org)

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