



Christa Smith, MA, QMHP

Behavioral Health Clinician

Education and Certification

Bachelors of Science in Psychology, Western Illinois University, Masters of Arts in Clinical Psychology, Eastern Illinois University.

Specialization

I work with all ages and symptoms and have a significant background in working with survivors of sexual and domestic violence.

My Treatment Philosophy

I believe it is of the utmost importance to meet each person where they are. You lead your own therapy, I am here to guide you along the way. With children I use a variety of play techniques to help them work through their struggles and their big feelings. Parents are an important part of the process, and I will provide support and education along the way.

A little bit about me...

I am a strong advocate for Social Justice, a huge animal lover, and an avid reader. I enjoy engaging in things that match those passions or finding some kind of adventure.



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