



Abi Frields, APN

Associate Medical Director of MAR

A little bit about me...

I have over 5 years of experience as a Nurse Practitioner in Psychiatry and Addiction Medicine working with patients in the outpatient and consult liaison settings. I primarily work with individuals with opioid and alcohol use disorders and those with co-occurring substance use and psychiatric concerns. I love working as a part of a larger multi-disciplinary team in order to address the needs of each individual on a holistic level. Harm reduction education is a large part of my practice along with multimodal treatment planning. My goal as a provider is to help people meet their goals, whatever that may be. I hope to provide low barrier access to care, high quality addiction treatment, and to reduce stigma. I'm very excited about working with the clients at Sinnissippi Centers.



SINNISSIPPI CENTERS

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24-hr Crisis:

800-242-7642

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