



The Digest

Certified Community Behavioral Health Clinic

Sinnissippi receives a federal grant to implement a new healthcare model

Latest News

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Sinnissippi Centers was awarded a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) to develop a project for SAMHSA's Certified Community Behavioral Healthcare Clinic (CCBHC) program. The grant was awarded this past summer and the project began in early fall, 2021.

"For people with serious mental illness, the CCBHC model more closely integrates primary care with behavioral health," says **Patrick Phelan**, Sinnissippi Centers' President/CEO. "By addressing primary care needs, we are able to identify physical issues sooner and help them link to our medical providers and get treatment," adds Phelan. Under the CCBHC model providers are allowed to use funding to provide care to individuals who do not have any health care coverage.

"Sinnissippi Centers' CCBHC project will provide enhanced services to adults, children, and families with a serious mental illness, serious emotional disturbance, substance use disorder, and/or those with co-occurring disorders," says Phelan. "The project will provide enhanced and increased psychiatric services, peer support, crisis intervention, care coordination, evidence-based treatments, and intensive team-based interventions to rural communities in Northwest Illinois."

Project goals include: Enhancing and improving Sinnissippi's intake process; increasing access to psychiatry and Medication Assisted Treatment; implementing intensive team-based approaches including ACT and Substance Use Disorder Community Support Teams; enhancing primary care screening, referral, and immunization; and establishing a peer-led clubhouse model, also referred to as a living room concept.

In addition Sinnissippi will enhance their use of resources to provide more language appropriate materials and services, including a new Spanish language Client Information Booklet, which is a publication all new clients receive on their first visit to Sinnissippi Centers. The booklet can also be accessed online on our client documents page: <https://sinnissippi.org/client-documents/>.

Award of the grant accelerated and increased Sinnissippi's hiring needs, added many new positions including two new Psychiatrists, one of whom has already been contracted. At the present moment Sinnissippi still has many open positions. If you are interested in seeing them, visit our website at www.sinnissippi.org/available-positions.

As part of the grant, Sinnissippi has also

CCBHC - continued on page 2



Sinnissippi's Living Room Drop-in Center is a safe place to get support or other services and to just relax or play a game.

In The Community

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Events

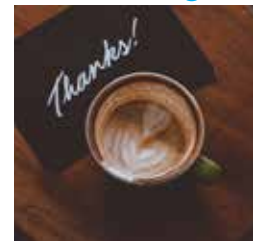
- Take a Chance on Youth Raffle p.3.
- Stay Home for Sinnissippi p.3.

Sinnissippi Bids Farewell

Sinnissippi conducted a restructuring in 2021 that included a merging of the Sinnissippi Foundation into Sinnissippi Centers. As part of that restructuring we now have fewer board members. We would like to take this time in our newsletter to recognize the board members who recently retired from service to our organization.

Board members who have recently retired, the county they represented, and their years of service are: **Kay Fisher** (Whiteside) with 34 years of service, **Gregory Beitel** (Ogle) 19 years, **Doug Coppotelli** (Whiteside) 12 years, **John Jacobs** (Lee) 6 years, **David Bingaman** (Lee) 5 years, **Jane Law** (Carroll) 5 years, **Donald Lovett** (Lee) 5 years, **Sharon Law** (Carroll) 4 years, and **Ann Crouse** (Carroll) 2 years of service to Sinnissippi Centers.

We thank them for their dedication and service to our mission of providing quality, coordinated, and responsive behavioral healthcare services to individuals, families, and communities.



What's New?

New Services in Freeport

Sinnissippi Centers is preparing to launch youth and adult services in Freeport. The office at 524 West Stephenson St. will provide individual, family, and group services for treatment of mental health and substance use disorders. Current workforce shortages will impact our timeline of implementing services, however. We are currently recruiting for behavioral health clinicians, an office supervisor and a support staff position.

Construction Update

Sinnissippi Centers recently completed a construction project to expand office space at the Dixon Route 2 office. The new secure covered entrance has been in use for a few months at the entrance formerly marked "south". There is a new reception area and bathrooms there, as well as new office spaces throughout the lower level.

Staff Updates

Sinnissippi Centers' Destiny Yeager was recently promoted to Manager of Medical services. Also, as part of the Certified Community Behavioral Healthcare Clinic grant project, Sinnissippi has brought on board one new Psychiatrist, Dr. Kazim, and we are seeking a second psychiatrist.

Other News

During the Coronavirus pandemic there's been another and much less publicized public health crisis that dramatically worsened. Between April 2020 and April 2021, the United States set an all-time record for drug overdose deaths according to the Centers for Disease Control (CDC). Deaths exceeded 96,000 during that period, an increase of 30% compared to the previous period.

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Join Our Amazing Team at Sinnissippi Centers!

Do you want to work in a friendly, professional, and supportive mental health organization? We are growing! Come join a dynamic team that is focused on person-centered wellness care.

Now offering a \$1,000 signing bonus.

Clinicians ▪ Therapists
Support Staff ▪ Psychiatric Nurse Supervisor ▪ and more!

Check out all our open positions at www.sinnissippi.org/available-positions

In a recent staff satisfaction survey, 100% of Sinnissippi direct care staff said, "The work I do is important." Come join our organization and make a difference every day!

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CCBHC

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developed a new living room/drop-in center. The living room/drop-in center is a **safe**, **comfortable**, and **free** non-clinical space where you can talk with a peer if you are experiencing emotional stress or overwhelming symptoms due to life circumstances.

The living room is operated by recovery support specialists who use their personal experience to help others find and maintain recovery, identify obstacles, and find ongoing support and education in the community. Every individual who comes to the living room will be greeted by a recovery support specialist who is an individual living well in recovery and who has gone through extensive training.

It also offers individuals emotional support, a safe place just to relax and enjoy a beverage/snack, support groups, assistance to help apply for Medicaid, Medicare, SNAP, housing applications, or Social Security, a place to just watch some TV, or a space to create some art or play a game.

Individuals 18 and older are eligible to utilize the services of the living room/drop-in center. It is located in Town Square Centre in Dixon (102 S. Hennepin Ave.). Hours are 8:30 am to 4:30 pm Monday - Friday. For more information call 800-242-7642.

Stay Home for Sinnissippi

Stay Home for Sinnissippi Centers Non-Event Gala will return during April, Alcohol Abuse Awareness Month, and just prior to Mental Health Month.

The very first Stay Home for Sinnissippi was designed as a virtual event before the Coronavirus pandemic even began, but designing the event that way has certainly been a great benefit in terms of ease of planning and participation. Stay Home will remain, as designed, a virtual event.

In 2022 we plan on adding some more features to the event including an online auction and some other enhancements.

Stay tuned for more details on our website and through our social media channels on Facebook, Twitter, and Linked-In. We will also have an update in the spring edition of the Digest.



When we get closer to April, we will post more details on our website under the events section at www.sinnissippi.org. There will be a link there to donate online to the Non-Event Gala and to participate in the online auction.

At present we are planning for this virtual event to run April 23, 2022, through April 30, 2022.

In past years of the event, a portion of the proceeds have gone to support Sinnissippi Centers' Recovery Homes.

We opened the Men's Recovery home in Dixon in May 2018, and 2 years later, the Women's Recovery Home in Amboy, in July 2020.

If you would like more information on our Recovery homes, just visit our website at www.sinnissippi.org and click on Services, then Recovery Home. You can also call us with questions at 800-242-7642.

Holiday Cheer for Client Families

Each year just before the Christmas and New Year's holidays, Sinnissippi Centers has conducted our Holiday Food Basket Project.

Funded by donations, the project is for Sinnissippi clients and their family members to make sure they receive a holiday meal and some holiday cheer.

This year we saw more than a doubling of demand for the baskets, and we distributed them to 103 families, impacting a total 342 individuals.

The cost of the baskets varies by family size, but on average the cost of one family's basket is between \$25.00 and \$30.00.

If you would like to donate to this program, you can make your gift online at www.sinnissippi.org/donate or you can mail your donation to Sinnissippi Centers, 325 Illinois Route 2, Dixon, IL 61021.



Just a part of the load of food that went into over 100 food baskets at Christmas.

More News

Holiday Appeal Sets a New Record

Sinnissippi's Annual Holiday Appeal has been another success thanks to the generosity and support of so many of our friends. This year's appeal set a new all-time record. Proceeds benefit all client focused support programs.

Take a Chance on Youth

Sinnissippi Centers is conducting a new fundraiser during February 2022, our Take a Chance on Youth 50/50 raffle. Tickets are being sold during February with a March announcement of the winner. Proceeds will go to fund youth group activities and services for youth.

Recent Donations

Lawrence Allen
James J. Anderson
Anonymous
James Arduini
Jeff & Phyllis Berge
John Berge
Rev. Frank & Johanna Berman
Ben Boss – Boss Carpet One
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Robert & Marilyn Hargrave
Randy & Donna Hayes
Hope United Methodist Church in Chadwick
Pat & Mick Kazmerski
Joshua & Stacie Kemp
Skip Kenney
Charlene Knudten
Kreider Services

Recent Donations continued on back page

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Sinnissippi Centers, Inc.

Administrative office
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Dixon, IL 61021

24-hour Emergency Phone Number

800-242-7642

www.sinnissippi.org

Office Locations

- Dixon
 - Illinois Route 2
 - Town Square Centre
- Freeport
- Mt. Carroll
- Oregon
- Rochelle
- Sterling

Apartment Sites

- Dixon
- Mt. Carroll
- Rochelle
- Sterling

Recovery Homes

- Dixon
- Amboy

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Sinnissippi Centers is accredited by The Joint Commission and recipient of the Gold Seal of Approval.

The Digest is a publication of Sinnissippi Centers, Inc.



Donations

Donations can be mailed to Sinnissippi Centers, 325 Illinois Route 2, Dixon, IL 61021.

You can also donate online, visit: www.sinnissippi.org/donate

You can specify if you would like to give your donation in honor or in memory of a family member or loved one.

Brad & Sharon Law
Ann & Doug Lee
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Annette & Bill Long
Janet Lynch
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Joanne Mayes
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...James C. Beien
Richard Beien

...Chad & Tracy Brooks
Mic Brooks

...Jim Sarver
William Reigle

...Dan Sullivan
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In Memory of
...Ronelle Allen
Carolyn Fitzgerald Sweeney

...Edythe Geiger
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...Robert Kinn
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..Former Singer Mental Health Center Patients
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...Phyllis Wittenauer
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