

# Malea O'Connor

Recovery Support Specialist

## **Education and Certification**

Ottawa High School Graduate.

### **Specialization**

Peer support.

### My Treatment Philosophy

I like a straightforward, open, and honest conversation with clients. I like to set goals with clients and help them work towards reaching and exceeding the goals that they set. I like to be there to provide support and reassurance when needed.

#### A little bit about me...

I have 3 daughters. I love the outdoors, whether it be kayaking, gardening, swimming, playing with my dogs and kids, relaxing on my deck or working in my garage on my building projects.



**Sterling office** 815-625-0013 **24-hr Crisis:** 800-242-7642

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