

Kelsey Boyd, MHP Behavioral Health Clinician

Education and Certification

Associates degree from Kishwaukee College, Bachelors degree in Psychology from Northern Illinois University.

Specialization

I am interested in working with clients who have experienced trauma. I am also interested in motivational Interviewing. LGBTQA+ inclusive practice.

My Treatment Philosophy

My therapeutic approach to treatment is an integrative psychotherapy style. I believe in incorporating creative therapies and mindfulness into my sessions.

A little bit about me...

I enjoy creating art in general. I particularly enjoy drawing and painting. I enjoy spending time with my loved ones, but I also value my alone time, watching tv, movies, reading and playing games. I am a dog person, they bring me so much joy.



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